



SPECIALIZED MEDICAL CHECKUP IN PARIS



ROTHSCHILD FOUNDATION
HOSPITAL
HEAD AND NECK EXPERTISE



ABOUT THE HOSPITAL

Created in 1905 in the 19th district of Paris, the Adolphe de Rothschild Foundation Hospital is a private health institution of collective interest (ESPIC) specialized in all pathologies of the head and neck for adults and children. This university hospital offers excellent care and treats more than **30,000 surgical procedures every year**.

The hospital is also a research and teaching center. Regularly ranked

among the best hospitals in France, it oversees **125 clinical studies** and publishes around **400 scientific articles** each year. It also trains nearly **950 students** annually.

OBJECTIVES OF SPECIALIZED MEDICAL CHECKUP



Discover potential health problems at an early stage.



Prevent and detect risk factors linked to head and neck pathologies.



Provide personalised health advice.

OUR MEDICAL COORDINATOR FOR THOSE CHECKUP



Dr Tifenn LETURCQ

Medical coordinator for international department

BENEFITS OF OUR CHECKUP

- The know-how of a multidisciplinary team of experts in prevention and screening.
- Quality, safety and comfort at the Adolphe de Rothschild Foundation Hospital.
- Excellent efficiency and attentiveness: optimized organization to simplify care and support patients.
- Trilingual French-English-Arabic administrative staff.

STROKE PREVENTION CHECKUP (2 DAYS / 1 NIGHT)

What for ? To detect and treat stroke risk factors before they cause a serious event. This can help reduce your risk of having a stroke and maintain good cardiovascular health in the long term.

For whom ? Based on the medical questionnaire, we will systematically propose this assessment to anyone with stroke risk factors.

Included examinations :

- Complete blood test
- Complete ophthalmological examination
- Diabetology consultation
- Dietetic consultation
- Otorhinolaryngology (ENT)
- Cardiology checkup
- Neurovascular consultation
- Brain MRI with MRA
- Synthesis consultation



STANDARD HEAD AND NECK CHECKUP (1 DAY)

What for ? To assess the general health of head and neck, detect abnormalities or diseases, facilitating rapid and effective treatment.

For whom ? For anyone wishing to check their overall health, with a focus on head and neck pathologies.

Included examinations :

- Complete blood test
- Complete ophthalmological examination
- Otorhinolaryngology (ENT) examination
- Electrocardiogram
- Synthesis consultation



DIABETES CHECKUP (2 DAYS / 1 NIGHT)

What for ? To prevent head and neck diseases such as vascular and ophthalmological complications due to diabetes.

For whom ? For diabetic patients, to monitor disease progression, detect complications early and adjust treatment accordingly.

Included examinations :

- Complete blood test
- Complete ophthalmological examination
- Diabetology consultation
- Dietary consultation
- Otorhinolaryngology (ENT) examination
- Cardiology checkup
- Synthesis consultation



CARDIOVASCULAR RISKS CHECKUP (2 DAYS / 1 NIGHT)

What for ? To identify the aggravating factors due to sedentary lifestyles, and suggest ways of controlling them to achieve a better balance.

For whom ? People with known risk factors for cardiovascular disease, as well as adults over 40 or those with a family history of heart disease.



Included examinations :

- Complete blood test
- Complete ophthalmological examination
- Otorhinolaryngology (ENT) examination
- Cardiology checkup
- Dietary consultation
- Neurovascular consultation
- Brain MRI

HEADACHE CHECKUP (2 DAYS / 1 NIGHT)

What for ? To determine the underlying cause of headaches and assess their severity.

For whom ? Anyone suffering from headaches in their daily life.

Included examinations :

- Complete blood test
- Complete ophthalmological examination
- Neurological examination
- Brain MRI
- Synthesis consultation



SPINAL PAIN CHECKUP (2 DAYS / 1 NIGHT)

What for ? To detect problems early and put in place an appropriate treatment plan to relieve symptoms and improve the health of your spine.

For whom ? Anyone with a history of back problems, persistent back or neck pain, or a recent back injury.



Included examinations :

- **Biological examination**
- **Complete ophthalmological examination**
- **Otorhinolaryngology (ENT) examination**
- **MRI spine, lumbar and cervical**
- **Rheumatological consultation**
- **Synthesis consultation**

COGNITIVE CHECKUP (2 DAYS / 1 NIGHT)

What for ? To detect early signs of cognitive decline or neurological disorders, to implement preventive measures or refer to appropriate treatment if necessary.

For whom ? Anyone over the age of 65 with attention or memory problems.

Included examinations :

- **Complete blood test**
- **Ophthalmological examination**
- **Otorhinolaryngology (ENT) examination**
- **Electromiogram**
- **Neurocognitive examination**
- **Brain MRI**
- **Synthesis consultation**



ASK FOR YOUR CHECKUP

- 1** First, fill out the medical survey that is available on our website and send it via email at international@for.paris
- 2** Once the completed survey is received, our doctor will analyze the data and suggest the most appropriate specialized checkup.
- 3** The administrative team will send you a detailed description of the medical checkup within 48 hours, and an estimate of the medical expenses.

Our prestigious environment, combining quality, comfort and discretion, offers you breakfast served in your room, and access to a tablet connected to the hospital's private Wi-Fi network.

AFTER YOUR CHECKUP

A detailed report and a copy of all examinations carried out will be sent to you by email.



OUR INTERNATIONAL TEAM AT YOUR DISPOSAL



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YOUR KEY CONTACT



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